Low Immediacy

- Streaming Pre-Recorded Video
  - GauchoCast (Panopto)
- Streaming Pre-Recorded Audio
  - GauchoCast (Panopto)
- Downloaded Pre-Recorded Video
  - GauchoCast (Panopto)
- Downloaded Pre-Recorded Audio
  - GauchoCast (Panopto)
- Readings with Text/Images
  - GauchoSpace Resources

High Bandwidth

- Asynchronous Discussion Forums/Chat with Video
  - GauchoCast (Panopto)
  - GauchoCast Forums
  - Nectir
- Asynchronous Discussion Forums/Chat with Audio
  - GauchoCast (Panopto)
  - GauchoCast Forums
  - Nectir
- Discussion Forums/Chats with Text/Images
  - GauchoSpace Forums
  - Nectir
- Quizzes/Homework
  - GauchoSpace Quizzes
  - GauchoSpace Assignments
  - Gradescope
  - H5P
- Email
  - GauchoSpace PeachMail
  - GauchoSpace Announcements

Low Bandwidth

- Collaboration Applications
  - GauchoSpace OU Wiki
  - Google Docs/Sheets/Slides
  - Eli Review
  - Flipgrid
- Group Chat & Messaging
  - Nectir
  - Google Chat
- Student Response Systems
  - i>Clicker Cloud
  - Zoom Polling

High Immediacy

- Timed Exams/Remote Proctoring
  - GauchoSpace Quizzes
  - ProctorU
  - Examity
- Video Conferences
  - Zoom
- Audio Conferences
  - Zoom